



## Cwmbran House Care Home

Pontnewydd, Cwmbran

Making Lives Better

# Welcome to Cwmbran House

Cwmbran House Care Home is a purpose-built single-storey care home for over 65s in Pontnewydd, Cwmbran. It has 56 bedrooms across three separate living areas, all alongside the Monmouthshire and Brecon Canal. We focus on giving a great quality of life to our residents, whatever their abilities and needs are.

Our specially trained team provide tailored care to our residents, including residential care and specialist care for those living with physical or mental disabilities and dementia.

We pride ourselves on providing a happy, friendly and warm environment that lets residents be as independent or involved as their needs and wants allow.

**Our emphasis is on the  
'home' in 'care home'.**



## Friendship and fun

Cwmbran House has lots of communal space where residents can take part in activities, catch up over cups of tea and spend quality time with friends and family.

Every day there is something different for residents to take part in. Regular activities include bingo games, craft sessions, sing-alongs, quiz evenings, read-aloud groups and more. It's hard to get bored here!



**Fun and skill games**



**Gardening**



**Cards and bingo**



**Craft-making**

## Did you know?

It's been proven that spending time outdoors boosts the mental health, physical health and cognitive function of our residents.

# 100%

of residents agree that they are treated with dignity and respect

# Home comforts, companions and care

## Warm and comfy rooms to call your own

We have 56 bedrooms with en-suite facilities, divided into three separate units. Two of the units are suited to physically dependent older people. Each has a lounge, dining area and fully-fitted kitchen. The third unit is a dementia-friendly area that has three small kitchen and dining areas adjoining the bedrooms.

All of the bedrooms are bright, airy, comfortable and generously sized. We are very happy for residents to bring some personal possessions with them so that they can make their bedrooms their own. Adapted bathrooms are provided if residents require them, and all rooms are fitted with an assistance call system that can alert our team if needed.

## Safe outdoor spaces to explore and enjoy

Cwmbran House has three large private garden areas, as well as external gardens, sensory garden areas and a perimeter path around the home. Our residents have plenty of opportunities to relax, do a spot of gardening or enjoy other outdoor activities. Everybody can benefit from time outside without having to go far from their rooms.





## Space to meet, mix and meander

Cwmbran House has lots of break-out space where residents can take part in hobbies, enjoy cups of tea and spend quality time with their new and old friends and family. Interaction is important, and we want our residents to know they have people to talk to that enjoy being in their company.

We have regular visits from local church people, schoolchildren and entertainers. Also, we can arrange visits from doctors, nurses, chiropody services, dentists, solicitors, hairdressers, beauticians and laundrette service providers.

## Fresh and nutritious food to suit all tastes

We have an on-site professional kitchen where our trained chefs prepare three home-made meals each day for our residents. There are multiple options at every mealtime, from hot meals to salads and snacks. Our experienced culinary team can cater for specialist diets and individual needs as required. Residents can invite their family to dine with them for a small charge.

**"I feel grateful and privileged that my mum is a resident of Cwmbran House. The love and care she receives is wonderful.**

**The staff are committed to the well-being of all the residents. Everyone is happy and glad to take part in the various activities on offer. My family cannot thank them enough."**

Resident's relative

# 100%

**of residents agree that they feel safe in their home**

# Peace of mind

## Our residents are in safe hands

We strive to provide high quality residential, dementia and respite care. Our round-the-clock care package is provided by our highly motivated, fully qualified and friendly team.

To meet the care needs of our residents, we take each individual's situation into account and personalise our care to suit them.

On joining us at Cwmbran House, we assess each new resident so that we can ensure their current needs are identified and met. Throughout their stay, we monitor them closely so that we can increase the levels of care they receive over time, if necessary. We genuinely care about and value all of our residents, so we make sure that they are as happy and healthy as possible.

## Protected and private

We want our residents to feel safe and at ease at Cwmbran House because our home is their home too. In order to achieve this, we have:

- A secure door entry system
- CCTV cameras in and around the home
- A 24-hour call system
- A full fire alarm system incorporating all safety features
- Safety restrictors on all windows
- Well-lit secure parking for visitors
- Specialist assisted rise and fall baths
- Enclosed private gardens



## Visitors are always welcome

We want our residents to be able to have visits from friends and family as and when they like, so we don't have set visiting times. To encourage regular visits, we give relatives the opportunity to purchase a key fob so that they can pop by as they please. We have WiFi, tea and coffee facilities and vending machines for all visitors to use.

## Find us where the town meets the countryside

Cwmbran House Care Home is in Pontnewydd in Cwmbran. It is less than two miles from the town centre, which can be reached on foot or by bus, and just six miles from the M4. Nearby, there are shops, health centres, a post office, banks, a theatre, an arts centre and well-kept parks.



**“Overall care is excellent and everyone is very caring, considerate and professional. I can't thank them enough for the way they are caring for my mother.”**

Resident's relative

# 100%

of relatives agree that our team are readily available and approachable



## Who we are

Hafod is a socially conscious organisation focused on making lives better by building communities and making connections. Our ambition is to transform housing, health, social care and support in order to improve the well-being of our customers.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible whether this be in their own homes, supported accommodation or in our residential and nursing homes.

## To find out more

If you are interested in finding out more about Cwmbran House or would like to talk about how to become a resident, please get in touch.

We appreciate that choosing care can be a daunting experience, so please let us know if we can help with any questions, including advice on referrals and funding.

We welcome potential residents and their family to come to visit us and see the home before they apply for a room. Please book in advance so we know when to expect you.

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[hafod.org.uk/care](https://hafod.org.uk/care)

**Cwmbran House Care Home**

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