

Cwmbran House Care Home

Pontnewydd, Cwmbran



Welcome to Cwmbran House

Cwmbran House Care Home is a purpose-built single-storey care home for over 65s in Pontnewydd, Cwmbran. It has 56 bedrooms across three separate living areas, all alongside the Monmouthshire and Brecon Canal. We focus on giving a great quality of life to our residents, whatever their abilities and needs are.

Our team of specially trained staff provide tailored care to all of our residents, including those who require Elderly Mentally Infirm (EMI) care and those living with dementia.

We pride ourselves on providing a happy, friendly and warm environment that lets residents be as independent or involved as their needs and wants allow.

**Our emphasis is on the
'home' in 'care home'.**



Friendship and fun

Cwmbran House has lots of communal space where residents can take part in activities, catch up over cups of tea and spend quality time with friends and family.

Every day there is something different for residents to take part in. Regular activities include bingo games, craft sessions, sing-alongs, quiz evenings, read-aloud groups and more. It's hard to get bored here!



Did you know?

It's been proven that spending time outdoors boosts the mental health, physical health and cognitive function of our residents.

100%

of residents agree that
the staff are reliable
and trustworthy

Home comforts, companions and care

Warm and comfy rooms to call your own

We have 56 bedrooms with en-suite facilities, divided into three separate units. Two of the units are suited to physically dependent older people. Each has a lounge, dining area and fully-fitted kitchen. The third unit is a dementia-friendly area that has three small kitchen and dining areas adjoining the bedrooms.

All of the bedrooms are bright, airy, comfortable and generously sized. We are very happy for residents to bring some personal possessions with them so that they can make their bedrooms their own. Adapted bathrooms are provided if residents require them, and all rooms are fitted with an assistance call system that can alert staff members if need be.

Safe outdoor spaces to explore and enjoy

Cwmbran House has three large private garden areas, as well as external gardens, sensory garden areas and a perimeter path around the home. Our residents have plenty of opportunities to relax, do a spot of gardening or enjoy other outdoor activities. Everybody can benefit from time outside without having to go far from their rooms.





Space to meet, mix and meander

Cwmbran House has lots of break-out space where residents can take part in hobbies, enjoy cups of tea and spend quality time with their new and old friends and family. Interaction is important, and we want our residents to know they have people to talk to that enjoy being in their company.

We have regular visits from local church people, schoolchildren and entertainers. Also, we can arrange visits from doctors, nurses, chiropody services, dentists, solicitors, hairdressers, beauticians and laundrette service providers.

Fresh and nutritious food to suit all tastes

We have an on-site professional kitchen where our trained chefs prepare three home-made meals each day for our residents. There are multiple options at every mealtime, from hot meals to salads and snacks. Our experienced culinary staff can cater for specialist diets and individual needs as required. Residents can invite their family to dine with them for a small charge.

“Our staff are committed to providing a caring and loving environment to make every day a happy one. It is one big happy family here and residents like nothing more than being involved with a daily chat and a cup of tea in-between their activities. The team makes Cwmbran House what it is and wouldn't swap them for the world.”

June Clark, Home Manager

100%

of residents agree
that they feel safe
in their home

Peace of mind

Our residents are in safe hands

We strive to provide high quality residential, dementia and respite care. Our round-the-clock care package is provided by our highly motivated, fully qualified and friendly staff. They do what's necessary to meet the care needs of our residents, taking into account each individual's situation and personalising the care to suit them.

On joining us at Cwmbran House, we assess each new resident so that we can ensure their current needs are identified and met. Throughout their stay, we monitor them closely so that we can increase the levels of care they receive over time, if necessary. We genuinely care about and value all of our residents, so we make sure that they are as happy and healthy as possible.

Protected and private

We want our residents to feel safe and at ease at Cwmbran House because our home is their home too. In order to achieve this, we have:

- A secure door entry system
- CCTV cameras in and around the home
- A 24-hour call system
- A full fire alarm system incorporating all safety features
- Safety restrictors on all windows
- Well-lit secure parking for visitors
- Specialist assisted rise and fall baths
- Enclosed private gardens



Visitors are always welcome

We want our residents to be able to have visits from friends and family as and when they like, so we don't have set visiting times. To encourage regular visits, we give relatives the opportunity to purchase a key fob so that they can pop by as they please. We have WiFi, tea and coffee facilities and vending machines for all visitors to use.

Find us where the town meets the countryside

Cwmbran House Care Home is in Pontnewydd in Cwmbran. It is less than two miles from the town centre, which can be reached on foot or by bus, and just six miles from the M4. Nearby, there are shops, health centres, a post office, banks, a theatre, an arts centre and well-kept parks.



“Overall care is excellent and the staff are very caring, considerate and professional. I can't thank them enough for the way they are caring for my mother.”

Richard H, son of resident

100%

of relatives agree that the staff are readily available and approachable



Who we are

Hafod is a charitable not-for-profit organisation that offers a wide range of housing, personalised care and support services to more than 16,000 people across South Wales.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible in their own homes, in supported housing or in our residential care homes.

To find out more

If you are interested in finding out more about Cwmbran House or would like to talk about how to become a resident, please get in touch.

We appreciate that choosing care can be a daunting experience, so please let us know if we can help with any questions, including advice on referrals and funding.

We welcome potential residents and their family to come to visit us and see the home before they apply for a room. Please book in advance so we know when to expect you.

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