

# Tŷ Heulog Independent Living

Talbot Green,  
Rhondda Cynon Taf



# Welcome to Tŷ Heulog

Tŷ Heulog is a modern, purpose-built development consisting of 40 independent living apartments for people over 55. The spacious one and two-bedroom accommodation is built to a high specification, while communal areas and tenant programmes focus on making life fun regardless of age.

There is optional support and care available where required (via an approved assessment) so each of our tenants can be assisted if their needs change. We pride ourselves on providing a happy, friendly and warm environment that lets tenants be as independent or involved as their needs and wants allow.



## About independent living accommodation

Independent living for over 55s can be a viable alternative to sheltered accommodation. It encourages self-sufficiency and can provide a home for life, with the added option of access to flexible support and care services if and when a person's needs change. This type of housing is also commonly known as extra care and works well for both individuals and also for couples.

## Friendship and fun on the doorstep

We give our tenants many opportunities to make friends, have interesting conversations and enjoy group activities. Regular activities vary based on our tenants interests. They typically include art and crafts, singing, bingo, exercise classes, quizzes and much more. Tenants' can also spend time outdoors in our courtyard and garden area.



## Living well for a happier, healthier life

There is a well-evidenced link between housing, health and well-being in the over 55s. Living in good quality, safe, adaptable and warm accommodation within a community of similarly aged people is what we offer at Tŷ Heulog.

# 96%

of tenants say that our staff are friendly and approachable

# Home comforts

## Warm and comfy apartments to call their own

All accommodation at Tŷ Heulog is available for rent on an assured tenancy basis. We have 40 self-contained apartments that support independent living, all of which are fully accessible and adaptable to support physical disabilities.

Each apartment includes a modern fitted kitchen, a spacious living room, a bathroom with a walk-in shower and either one or two large bedrooms.

We've also installed slip resistant floors in each kitchen and bathroom, low surface temperature radiators that can be controlled by tenants and an emergency call alarm, just in case help is required.





“Tŷ Heulog is a friendly and supportive community, which encourages tenants to live as independently as possible.

The fully accessible building supports those with physical disabilities.”

Liz Morgan, Manager

## Space to meet, mix and meander

Tŷ Heulog has a number of communal spaces including two lounges where tenants can take part in hobbies, catch up over a cup of tea and spend quality time with their friends and family.

Tenants can also access a range of facilities including a craft room, a launderette, a communal computer and room to store cycles and scooters. There is also a restaurant which is staffed by our kitchen team who prepare home-made meals, snacks and drinks at lunchtime.

## The wider community

Local community groups are welcome to use our open space for meetings, activities and events. This allows tenants to retain links with their local neighbourhood and be involved in community life.

A floating support service is available to provide tenants with housing-related support if they require it. We can help them with maintaining their tenancy, managing their finances, keeping up their independence and more.

# 100%

of tenants agree their home is suitable for their needs

# Peace of mind

## Our tenants are in safe hands

We believe that safety and security are very important in creating a warm and homely environment. Therefore, to ensure safe and secure living at Tŷ Heulog, we have:

- A secure door entry system
- CCTV security cameras
- A 24 hour onsite domiciliary care team member to provide emergency response\*
- A full fire alarm system
- Two large lifts
- Safety restrictors on all windows
- Well-lit onsite parking for visitors
- Specialist assisted rise and fall baths
- Hearing loops in the reception area

## Our staff

Tŷ Heulog is staffed by a highly experienced team that is dedicated to providing person-centred services for every tenant. Our friendly staff are fully qualified and highly motivated to deliver a professional and dedicated housing management and catering service to our tenants.

Those who require support can feel assured that they can contact the onsite care provider 24 hours a day if they need any assistance.\*

\*Currently provided by Radis Community Care.



“It’s a lovely place to live and I am very happy here. The people are nice and I get on with everyone - we’re always having a laugh. I am independent and the food is great.”

Paul Dennis, tenant



## Find us near the town centre

Tŷ Heulog is in the small town of Talbot Green at the mouth of the Ely valley in Rhondda Cynon Taf. Located a short walk from the town centre, there are a range of local amenities, shops and cafés close by.

The Royal Mint headquarters is also nearby and well worth a visit to learn about its history and how coins are made. There are also great transport links to Cardiff and the surrounding areas of Rhondda Cynon Taf.

# 91%

of tenants say their privacy and dignity is respected at all times



## Who we are

Hafod is a charitable not-for-profit organisation that offers a wide range of housing, personalised care and support services to more than 16,000 people across South Wales.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible in their own homes, in supported housing or in our residential care homes.

## To find out more

If you are interested in finding out more about Tŷ Heulog or would like to talk about how to become a tenant, please get in touch. Prospective tenants will need to be assessed by RCT Council and complete their application process.

[enquiries@hafod.org.uk](mailto:enquiries@hafod.org.uk)

01443 445450

[hafod.org.uk/independentliving](https://hafod.org.uk/independentliving)

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