

## Visitor guide to LFD testing

### On the day of your visit

You'll be asked to take a test using a new technology called a Lateral Flow Device (LFD). You'll be tested before visiting your relative to check if coronavirus can be detected. Lateral flow testing is taken in addition to Personal Protective Equipment (PPE) and other Infection Prevention and Control (IPC) measures and must not be seen as a way of relaxing their use.



For this, the home will ask you to do a throat and nose swab every time you visit and then will let you know your result in 30 minutes. A swab is a small piece of soft, absorbent material on a plastic stick that is used to take a sample from your nose and throat.

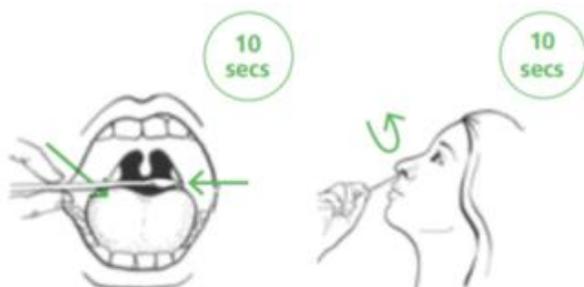
The test is very straightforward and you'll be supported throughout the process by a trained member of staff from the care home.

You'll be asked to sign a consent form that you agree to taking the test and sharing your result. The home will also ask that you share personal details including your date of birth, ethnicity, and contact details to support you with registering your test result. Registering your test result is important because it links you to your individual test kit.

Each kit will have a unique barcode that applies to you. One copy is for a staff member to put on your lateral flow device, and the others are copies. These barcodes will track your individual test to you.

### Taking your test

- After you check in for your test, a member of staff will direct you to move to the testing area.
- You will hand one copy of your barcode to the member of staff supporting your testing process.
- A swab will be taken of your throat and nose by a member of staff. It will only take about 30 seconds to do.



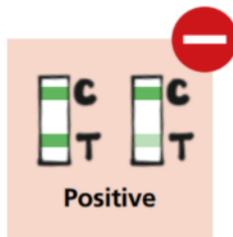
- Once the swab is complete, you will be asked to wait in a designated area until your result is ready. This will take approximately 30 minutes.

### Receiving your result

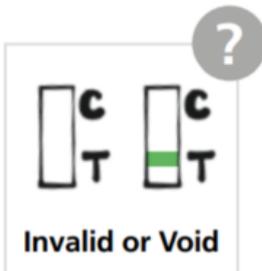
- After 30 minutes, a staff member will tell you your result.
- Once you have received your result, you will need to register your test kit online with your own mobile device or a device provided to you if you do not have a mobile. If you are not able to register your own result, a member of staff can help you but they will need to take down your personal details.

### What does your result mean?

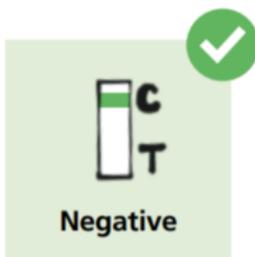
Care home staff will process your test and give you a result within 30 minutes. The result will affect whether you can complete your visit in the following ways:



You will not be able to visit. You will have to immediately attend your local NHS testing centre for a PCR test and self-isolate until you receive your result. NHS Test & Trace will text, e-mail, or call you with your result in around 72 hours. If you test positive, NHS Test & Trace may contact you to ask you for your close contacts.



The home will ask that you take another LFD test. If the retest comes back as invalid, the home will recommend that you do not complete the visit. You will need to attend your local NHS testing centre to undertake a PCR test (see above).



Your visit will be able to go ahead, as long as you comply with all other infection control measures within the home. It is possible that you may still have COVID-19, so the home will need to make sure you wear PPE at all times and ensure that the visit takes place in a safe way. If you have any questions about this, please ask the care home manager and staff for advice.

### How to register your test kit

Once your result is determined, your test kit needs to be registered online using a self-test registration form. You can complete this form using your own mobile phone or a mobile device provided by the home. Once the form is complete, you will follow the appropriate guidance based on your result as set out above.

The completion of the form is straightforward. Go to the below website address, and the instructions will guide you through each step. The home will give you their organisation number and the Barcode/Kit reference number, to enter into the form.

[www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result)

If you cannot complete this form yourself, a member of staff can complete it for you. They will ask you to provide some personal details required in the form.

### Details needed for the online registration form

- Full name
- Date of birth
- Gender
- Ethnic group
- Home address
- Contact details, including mobile number and e-mail address
- The barcode number of your test kit
- Date and time of test
- Test result

### During your visit

During your visit, please make sure:

- You keep your PPE on at all times
- Maintain social distancing at all times
- Use hand sanitiser when entering and leaving the home and visiting area
- You only go to the part of the care home that is permitted for your visit
- You follow carefully any guidance and instructions provided by care home staff

